



Rubricated Reminiscences...

Newsletter

**Digitally
pacing
ahead
to the
pinnacle
of
prudence**



SACRED HEART CONVENT SCHOOL

(Established, owned and administered by Diocese of Jalandhar)

Affiliated to the CISCE, New Delhi. (Vide No. PU041)

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PAPAL Blessings

Dear Young People, do not bury
your Talents,
The Gifts that God has given you,
Do not be afraid to dream of
great things!

Franciscus
His Holiness Pope Francis
Head of the Catholic Church



Bishop's Message



I am indeed glad to know that Sacred Heart Convent School, Sec-39, Jamalpur is bringing out the second volume of its newsletter '**RUBRICATED REMINISCENCES**' under the leadership of Fr. George Pallikunnel as its new Director, Sr. Crispin Maria DM as its New Principal and Ms. Bhuvneshwari Prashar as the Editor in Chief.

The years 2020 and 2021 have been difficult ones because Covid-19 hit badly various aspects of our life and mission. We thank God that even though some of our staff members and students contracted this virus, God has truly been merciful to us. In these testing times, the school has been able to provide online classes and conduct various online workshops to keep all the students engaged in academic activities. The 100% results of ICSE and ISC examinations of 2021 is an eloquent testimony to the hard work and dedication of all. **CONGRATULATIONS** to the students, the teachers, the parents and the local management!

The newsletter '**RUBRICATED REMINISCENCES**' will surely showcase the various undertakings of the school during this pandemic time. I wish **ALL THE BEST** to the chief editor and to her entire editorial team.

+ Agnelo Gracias
Bishop Agnelo Gracias
Apostolic Administrator
Diocese of Jalandhar



Chairman's Message

Dear Rev. Fr. George, the Director, Rev. Sr. Crispin, the Principal, the Teachers and my dear Children, it is with a heart full of joy that I write these few lines to congratulate all of you for the magnificent result of the ISC and ICSE Examinations. You stand at the height of glory and we thank God for every blessing He has showered on us. I thank all of you for the hard work you put in to bring glory to this prestigious institution and to the people of Ludhiana.

Our task does not end with this success but we continue to work hard to attain greater heights. I wish all the children studying in Sacred Heart Convent School further success. Let us put our efforts together to bring joy in the hearts of everyone around us. Wish you the best of everything and God's plentiful blessings!

Fr. Jose Palakuzha

Rev. Fr. Jose Palakuzha
Chairman, Diocesan Board of Education,
Diocese of Jalandhar.



Director's Message

To be what you are, to be what your true self is the summum bonum or the ultimate goal of life. Each person is a unique creation of God and an attempt to change that uniqueness to uniformity is an attempt to destroy the diversity that lends beauty to the creation. Each part has its own function in the whole to make the whole complete and full. So every person and everything has its own place and role to play and any manipulation brings harm to the beauty of creation. A world that is beautiful with unique individuals knowing their true self makes the heaven on earth, a paradise of happiness.

Atmanirbhar Bharat in the Platinum jubilee of the independent India is achievable only when the individuals are free to realize one's true self, one's fullness contributing to fullness of India as a whole. Education, formal or informal, is the only way to bring out the potentialities in each individual making the person realize his atman or self. Self realization leads to Atmanirbhar Bharat. I wish and pray that we all together make the heaven on earth by making our unique contributions by bringing out our true self for the happiness of all. God bless you all!

Fr. George P M
Rev. Fr. (Dr.) George P M
Director





Message from the Principal's Desk

**"Good, Better, Best.
Never let it rest.
'Til your Good is Better and
your Better is Best."
-St. Jerome**

It is with immense joy that I begin to pen these few lines in appreciation of the publication of the School News Bulletin 'Rubricated Reminiscences', volume-4. At the outset, I consider it as my pristine privilege, as the newly appointed Principal of this prestigious institution, to convey my wholehearted appreciation to the literary committee of the school in bringing out its news bulletin, despite the insurmountable hindrances posed by the haunting fear of COVID – 19 Pandemic and its related anxieties we face.

As the very title of the news bulletin conveys, the editorial team has succeeded to incorporate the manifold activities and achievements of the school in its most attractive and palatable way to its readers. Despite the inconveniences caused by the change of guard in the administration, and the continuing uncertainty hanging over the physical functioning of the school due to the COVID pandemic, the teachers and students on their own initiative kept up the regular practice of bringing out its news bulletin to reach out to its various stakeholders the day-to-day developments in the school and to keep them updated with the progress of the students through their manifold activities. Hats off to the indomitable spirit of the staff and students!

It is quoted as having spoken by His Holiness Dalai Lama XIV, there is a saying in Tibetan, "Tragedy should be utilized as a source of strength. No matter what sort of difficulties, how painful experience is, if we lose our hope, that's our real disaster." As I extend my warmest congratulations to the staff and the students on their successful attempt in publishing the news bulletin at its right schedule, I wish to encourage and appreciate all its contributors and all those whose achievements

have been depicted on its colourful pages for their courage in taking various adversities in their tide in a spirit of steadfast determination.

No one will contest the fact that all of us are going through the toughest period of our time due to the unprecedented experience of the globally affected Corona virus infection. At this juncture, my advice to all my staff and the students is to keep up your resilience which you have built up in these trying times by swimming against the current by learning to make the best use of all your adversities. Paulo Coelho, the Brazilian lyricist and novelist once wrote, "When we least expect it, life sets us a challenge to test our courage and willingness to change; at such a moment, there is no point in pretending that nothing has happened or in saying that we are not yet ready. The challenge will not wait. Life does not look back." Therefore, I would encourage each of you to take up the challenges ahead of us to gain the crown of glory which awaits us. Let the athletic spirit of 23 years old Neeraj Chopra of Panipat who won the Gold for our Nation at the Olympics in the javelin throw be an inspiration for all of us to practice the art of visualization, to look ahead for a better future that we shall arrive at through our continuous efforts and hard work notwithstanding all the hurdles around us.

With warm regards and God's blessings.

Rev. Sr. Crispin Maria DM

Principal

Editorial



- Ms. Bhuneshwari Prashar
- Mr. Jatinder Mathotra
- Ms. Harsimran Kaur

- Banit Chawla
- Samvidhi Aggarwal
- Vanshika Pareek

"The first sentence of a book is a handshake, perhaps an embrace." –Jhumpa Lahiri

Greetings ! (Salut Cordial) !!

Dear Readers,

As we look back in retrospect, we feel immensely satisfied that we have been successful in creating a learning environment, conducive to physical, mental & spiritual growth of students amidst this pandemic.

We evolved new strategies, implemented new trends in education and beyond shadow of doubt the efforts of teachers & students paid good dividends.

Innovation is the secret to charter school success. Administrator and teachers are offered more flexibility and creativity in what is taught and how it is taught.

We believe we stand on the threshold of a new age – an age destined to witness important reconstructions in the field of education. The sterling management of SHCS has seized all the opportunities for our advancement and our students have amply rewarded our efforts.

This long-streched pandemic has taken a lot from us but we made it decrepit with our intense feeling of enthusiasm. Let's be inextricably linked with a hope to come out of this dolor.

"Let craft, ambition, spite,
Be quenched in Reason's night,
Till weakness turn to might,
Till what is dark be light,
Till what is wrong be right!"

– Lewis Carroll

Despedirse – Saludo de Felicitacion- Directora de la Escuela

We the Sacred Heartians, accorded a warm adieu to the Principal Rev. Sr. Sherin Thomas DM who served the institution for the last five years. A farewell ceremony was organized in three fragments following COVID-19 protocols.

All the staff members lauded the services of Rev. Sr. Sherin and wished her happy and healthy life. Stuti of XII Commerce painted the portrait of our 'Iron Lady' and it was gracefully presented to her on the occasion. She being an amiable personality left everyone into tears while departing when a group of teachers escorted her to Sahnewal, where she is now the Principal.



Morning Virtual Assemblies

SHCS is abuzz with activities and remains so throughout the session. All festivals and days of importance are celebrated with great zeal and joy. In the light of virtual learning, Morning Assembly is given due significance and followed various themes viz, Van Mahotsav, Fit India, Freedom, Women's Equality, Teacher's Day, Education and so on.

Celebrating Van Mahotsav Week tempted us to go all out in our campaign of saving the environment & ensuring sustainable development on earth, woman equality theme expressed solidarity with the cause of women.





Welcoming THE NEW PATHMAKERS

SHCS family is extremely honoured to share with you that we have recently welcomed our new Director Rev. Fr. George Pallikunnel and Principal Rev. Sr. Crispin Maria DM along with Sr. Sharon Maria and Sr. Nirmal Maria as Adm. staff in a very splendid manner.

Rev. Fr. George Pallikunnel has officiated as the Director in many Diocesan Schools and after rendering many years of his service, he joined us as a Director in June 2021. He is a very determined personality and holds a Ph.D. degree from Banaras Hindu University and is a professor at Holy Trinity Regional Major Seminary, Jalandhar for last many years.

With an extensive experience of many years in the school administration, started from SHCS Billawar of the Diocese of Jammu and Srinagar, she has been the Principal for ICSE schools such as SHCS Sahnewal and Christ The King Convent School Kapurthala and lately in the month of June she graced our institution by joining as the Principal. She was honoured with the BEST PRINCIPAL AWARD OF APPRECIATION, as a recognition of her dedication, commitment and relentless efforts in leading SHCS, Sahnewal to achieve the First position among the Diocesan schools and for retaining the 'Rolling Trophy' for four years consecutively.

Her committed efforts to keep setting new benchmarks in providing holistic education brought her the most prestigious ST. FRANCIS AWARD OF APPRECIATION for the last two years. She has been the member of the ICSE Council inspection team from 2016 onwards for the inspection of ICSE/ISC Schools.

Sr. Sharon and Sr. Nirmal Maria are great role models who will ensure tremendous success of school under their guidance.

Pomp was initiated by garland ceremony which was followed by candle lighting, staff member Mrs. Bhuvneshwari introduced them by listing out their accomplishments with a floral welcome. The whole event was based on the theme of covid eradication through united efforts, hard work and greater insight of new leadership. Although the students have not met them in person but they feel the aura of their charismatic personalities even on their online curriculum. Pertaining to the theme of the event efficacious cake personifying Corona Virus was smashed with a hope of smashing the real virus out of lives. The ceremony was preceded by a brilliant song sung by the staff expressing their hearty welcome.

The menial staff also expressed its joy by a group song. Everyone prayed to the Almighty for the new pathmakers before the beginning of their journey towards excellence. The event concluded with a song by Sr. Sharon Maria who is gifted with a melodious voice. The whole event was very gracious and heart warming.

All the members of the school fraternity are certain that the new Director, the Principal and Sisters would enlighten our lives with their remarkable hard work, determination and wisdom.

'Sow Green to Grow Green'

Sacred Heart Convent School celebrated Van Mahotsav by conducting a tree plantation drive in the school. In this event, Rev. Sister Crispin Maria along with other dignitaries, faculty members and students actively participated in this drive by keeping in mind the thought of importance of trees. The central idea to plant Papaya, Mimosa, Guava and other oxygen rich plants was not only to beautify the garden area but also to spread awareness amongst the children regarding the importance of forest, biodiversity and conservation of ecosystem. As India has taken a target of creating additional 2 billion carbon sequestration by 2030; Sacred Heart family is emerging as an amalgamation to achieve this national earmark.





"Give me your heart so beautiful,
So pure, so immaculate, so full
of love and humility that I may
receive Jesus as you did
and go in haste to give Him to others."

With utmost Euphoria the Birthday of Mother Mary was celebrated on September 8, 2021 in Sacred Heart Convent School, Sec. 39, Urban Estate. The programme began by welcoming the management of the school, followed by singing in the praise of Mother Mary, felt gratified with Intercessory prayers for our students, the parents, the teachers and the management. The programme ended with cake-cutting ceremony by offering Heartfelt gratitude to everyone.



**Nativity of
Virgin Mary**
*Happy Birthday
'mama mary'*



The Covid-19 pandemic has triggered new ways of teaching. All around the world educational institutions are looking towards online teaching platforms to continue with the process of educating students. The new normal now is a transformed concept of education with online teaching.

As per the demand of time, we all have one challenge to shift from face-to-face learning to remote learning. E-learning has its own advantages as well as disadvantages. As an advantage, e-learning resources like teams app is providing all the necessary features which are required for attractive and engaging teaching. On the other hand due to continuous hours on screen, students are facing adverse effect on their eyesight. To mitigate this, our school reduces the online classes hours and also provided break time after each 45 minutes session. We believe there is always a solution if a positive mind will encounter the problem.

Carry positive thinking.



Ms. Baljinder Kaur
Co-ordinator (Science)



Ms. Elizabeth
Co-ordinator
(S.Studies)

Covid-19 has changed many of our daily routines in a way no one anticipated. Many of us are at home more to minimize exposure. Isolation and being at home can illicit the temptation to eat snacks high in sodium, junk food and low quality meals that provide instant gratification for our taste buds rather than nutrient dense whole foods that can also be delicious.

Here are a few guidelines that we can follow to maintain a healthy and active lifestyle and routine while whole world around us has adopted to limiting exposure to Covid-19.

- Perform aerobics at home in absence of gyms.
- Cope with stress and anxiety.



Mr. Basant Singh
Co-ordinator (Sports & Games)

Online Teaching आज के समय की सब से बड़ी जरूरत है। यह शिक्षा का नया तथा आधुनिक digital तरीका है। यह छात्रों के लिए एक बरदान साबित हुई है। इसके माध्यम से बच्चे घर बैठे ही ज्ञान अर्जित कर सकते हैं। इसकी मदद से बच्चों के लिए पाठ्यक्रम को समझना आसान हो गया है। हम इस महापारी के समय में भी इसी के द्वारा शिक्षा जारी रख सके हैं।

Ms. Sapna Mehta
Co-ordinator (Hindi)

ਇਹ ਕੈਸਾ ਵਕਤ ਆਇਆ ਜੋ ਘਰ ਬੈਠੇ ਹੀ ਪੜ੍ਹਾਈ ਹੈ ਹੋ ਰਹੀ, ਇਹ ਕੈਸਾ ਵਕਤ ਛਾਇਆ ਜੋ ਇਮਾਰਤ ਸਕੂਲ ਦੀ ਰੋ ਰਹੀ, ਕਲਾਸਾਂ ਸੁੰਨੀਆਂ, ਇਮਾਰਤ ਸੁੰਨੀ, ਸੁੰਨਾ ਪਿਆ ਸਕੂਲ ਦਾ ਰਸਤਾ ਹੈ, ਬੱਚੇ ਹੁਣ ਘਰ ਹੀ ਰਹਿੰਦੇ, ਤਾਂ ਹੀ ਰੋ ਰਿਹਾ ਹੁਣ ਬਸਤਾ ਹੈ...

ਜਿਸ ਤਰ੍ਹਾਂ ਇੱਕ ਬਗੀਚਾ ਫੁੱਲਾਂ ਤੋਂ ਬਿਨਾਂ ਅਧੂਰਾ ਹੈ, ਉਸੀ ਤਰ੍ਹਾਂ ਸਕੂਲ ਬੱਚਿਆਂ ਤੋਂ ਬਿਨਾਂ ਅਧੂਰਾ ਹੈ। ਇੱਕ ਮਾਲੀ ਦਾ ਕੰਮ ਹੁੰਦਾ ਹੈ ਪੌਦਿਆਂ ਦੀ ਦੇਖਭਾਲ ਕਰਨਾ, ਉਨ੍ਹਾਂ ਨੂੰ ਪਾਣੀ ਦੇਣਾ। ਬਿਨਾਂ ਪੌਦਿਆਂ ਤੋਂ ਮਾਲੀ ਪਾਣੀ ਕਿਸ ਨੂੰ ਦੇਵੇ, ਠੀਕ ਉਸੇ ਤਰ੍ਹਾਂ ਬੱਚਿਆਂ ਤੋਂ ਬਿਨਾਂ ਅਸੀਂ ਕਿਸਨੂੰ ਪਾਣੀ ਦੇਣਾ ਭਾਵ ਕਿਸ ਨੂੰ ਪੜ੍ਹਾਉਣਾ।

ਇਸ ਸਮੇਂ ਦੇ ਵਿੱਚ ਜਦੋਂ ਕਿ ਸਾਨੂੰ ਪਤਾ ਹੈ ਕਿ ਵਿਦਿਆਰਥੀ ਸਾਡੇ ਕੋਲ ਨਹੀਂ ਹਨ, ਪਰ ਅਸੀਂ ਆਪਣੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਕਦੇ ਇਹ ਮਹਿਸੂਸ ਨਹੀਂ ਹੋਣ ਦਿੱਤਾ ਕਿ ਉਹ ਸਾਡੇ ਤੋਂ ਦੂਰ ਹਨ। ਅਸੀਂ ਉਨ੍ਹਾਂ ਨੂੰ ਸਮੇਂ-ਸਮੇਂ ਤੇ

ਫੋਨ-ਕਾਲ ਅਤੇ ਵਟਸਐਪ ਦੇ ਦੁਆਰਾ ਪੜ੍ਹਾਈ ਕਰਨ ਲਈ ਪ੍ਰੇਰਿਤ ਕੀਤਾ।

ਅਸੀਂ ਇਸ ਮਹਾਂਮਾਰੀ ਦੇ ਮੁਸ਼ਕਲ ਸਮੇਂ ਵਿੱਚ ਵੀ ਆਪਣੇ ਆਦਰਸ਼ਾਂ ਤੋਂ ਪਿੱਛੇ ਨਾ ਹੱਟਦੇ ਹੋਏ ਆਪਣੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਕਿਸੇ ਕਿਸਮ ਦੀ ਕੋਈ ਕਮੀ ਨਹੀਂ ਆਉਣ ਦਿੱਤੀ। ਸਗੋਂ ਉਨ੍ਹਾਂ ਨੂੰ ਇਸ ਮੁਸ਼ੀਬਤ ਦੇ ਸਮੇਂ ਵਿੱਚ ਹਿੰਮਤ ਤੇ ਹੌਸਲੇ ਨਾਲ ਕੰਮ ਲੈਂਦੇ ਹੋਏ ਮੁਸ਼ਕਲਾਂ ਦਾ ਸਾਹਮਣਾ ਕਰਨ ਦੀ ਪ੍ਰੇਰਨਾ ਦਿੱਤੀ। ਇਸੀ ਤਰ੍ਹਾਂ ਬੇਸ਼ਕ ਸਾਡੇ ਫੁੱਲ ਭਾਵ ਵਿਦਿਆਰਥੀ ਸ਼ਰੀਰਕ ਰੂਪ ਵਿੱਚ ਸਾਡੇ ਕੋਲ ਨਹੀਂ ਹਨ ਪਰ ਅਸੀਂ ਉਨ੍ਹਾਂ ਫੁੱਲਾਂ ਤੱਕ ਪਾਣੀ, ਖਾਦ ਤੇ ਹਰ ਲੋੜੀਂਦੀ ਵਸਤੂ ਪਹੁੰਚਾਈ ਭਾਵ ਅਸੀਂ ਆਪਣੇ ਵਿਸ਼ੇ ਨਾਲ ਸੰਬੰਧਿਤ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਕੋਈ ਕਮੀ ਨਹੀਂ ਆਉਣ ਦਿੱਤੀ।



Ms. Kiran Gupta
Co-ordinator (Punjabi)

FAIRE

Digital Learning

“Education has evolved beyond the four walls of a classroom, it has become a compulsory phenomena of constant acquisition of knowledge geared towards solving immediate problems and this was possible because education transformed itself to becoming accessible even in your bedroom.”

Traversing the conventional methods of face-to-face lectures in a classroom, education throughout the world leapt forward to embrace the ‘NewNormal’ that i.e going virtual. The sudden outbreak of a deadly disease called Covid-19 caused by a coronavirus (SARS- COV-2) shook the entire world. The World Health Organisation declared it as a pandemic. This situation challenged the education system across the world and forced educators to shift to an online mode of teaching overnight. Many academic institutions that were earlier reluctant to change their traditional pedagogical approach had no option but to shift entirely to online teaching-learning. And this online learning has its own strength, weakness, opportunities and threats too.

All in all, kudos to the educators and learners who readily adapted to the new way of exchanging ideas and sharing and receiving of knowledge. By extending support and embracing the challenges, they have opened the window to the new and vast world of information and knowledge.

Ms. Ruby Bhargava

Co-ordinator (Computer)



Due to covid 19, the schools across the world shifted towards online classes to continue the studies of students through Microsoft Teams App as usual routine. Teachers are providing reading materials, assignment via live sessions, recorded video or lecture. Teachers gave their best, working hard to improve the interface and quality of online lectures.

Teachers interact with students in an interesting manner, doubts clearing, class test are being conducted side by side. Although conducting classes was a new phenomenon but with the co-operaton of parents and students, online classes are being conducted very smoothly.

Ms. Jyoti Rani

Co-ordinator (Maths)



Mr. Jatinder Malhotra

Co-ordinator (English)

‘If winter comes,
can spring be far
behind?’

This quote by P.B. Shelley is such a soothing balm to the dismayed and troubled souls that it heals the sores of hopelessness. Moreover, it works as a harbinger of hope and instills in each heart the strength of optimism.

Since COVID-19 halted all the ways to impart education, it was difficult to presume anything at that time. However, online teaching entered through the portals of multi Virtual Platforms and finally provided a safe and secure environment to teaching and learning though the horror outside was hovering around.

Virtual teaching is a new phenomenon for many against traditional modes of teaching but of course it is a great achievement of all the mentors who within this short span of time learnt and used new methods of teaching and still a lot more tools of learning are to come.

Whatever came in our way, we must believe that God's ways are always just, all of us must be grateful to Him for His benevolence because in the absence of His generosity we lack wisdom, we lack happiness and we lack life.

The students of Sacred Heart Convent School, Chandigarh Road, booked the top slots in both the ICSE and ISC 2020-2021, bringing laurels and elated joy to their parents, school and all the related. In class 10, Arshjot Kaur with 97.8% marks stood first followed by Gurleen Kaur with 97.6% marks at the second place and Garima Kalra, Sreeya Chatterjee and Shobhna Midha sharing the third rank with 97.4% marks respectively while in class 12, in Non-Medical Stream, Bhavya with 97.5% marks, Harnoor with 95.75% marks and Arshpreet with 95.5% marks were the meritorious ones; in Medical Stream, Kavya Dua with 97.5% marks, Jasleen Kaur with 96.25% marks and Tanvir Singh with 94% marks were the excelling ones and in the Commerce Stream, Manima Chaudhary with 97.75% marks, Sohrab Singh with 96.25% marks and jointly sharing the third rank, Rubindeep and Shehreen with 95.5% marks were the elites. All the toppers were facilitated by the Director, Rev. Father George Pallikunnel and the Principal, Rev. Sr. Crispin Maria. The excellence of the school was demonstrated by the fact that it got 100% result and a greater majority of students secured more than 85% marks along with a number of students scoring 100% in individual subjects. It is, indeed, a pride moment for the school.

The congratulatory academic glory



ISC Reverberations 2020-21

XII Results



District Topper

Kavya Dua
97.5%



Jasleen Kaur
96.25%



Tanvir Singh
94%



Manima Chaudhary
97.75%



Sohrab Singh
96.25%



Rubindeep
95.5%



Shehreen
95.5%



Bhavya
97.5%



Harnoor
95.75%



Arshpreet
95.5%

Galaxy of Achievers with 90% & above



Kirti Aggarwal
94.5%



Vamika Khosla
94%



Akarshan Aggarwal
93.75%



Disha Dutt
93.5%



Jessica
93.5%



Dilpreet Singh
93.5%



Ridham Chadha
93.25%



Yukta
92.75%



Rajinder Singh
92.5%



Harleen Kaur Walia
92.5%



Muskan Oberoi
92.5%



Pranjal Jain
92.5%



Sukanya Banerjee
92%



Vinita Jindal
91.75%



Prabhsirman Kaur
91.5%



Vaibhav Walyat
91.25%



Laveena Kanda
91.25%



Johncy Ani Job
91.25%



Savreet Kaur
91.25%



Harsh Malhotra
91%



Ridhi Dhodhra
90.75%



Hemang Gautam
90.75%



Dipanshu Bhola
90.5%



Harseerat Kaur
90.25%



Tavleen K. Kohli
90%



Gaurangi Bhardwaj
89.75%



Deep Fateh Walia
89.75%



Simran
89.75%



Ekuspreet Singh
Comp.- 100



Saksham Mahajan
Art-100

Academic Achievers 2020-21 (Toppers of ICSE)



District Topper

Arshjot Kaur
97.8%



Gurleen Kaur

97.6%



Shobhna Midha

97.4%



Sreeya Chatterjee

97.4%



Garima Kalra

97.4%



Maitri Mogla

97.2%



Abhijeet Singh

97.2%



Prabhleen Kaur Sond

97%



Nandini Verma

96.8%



Nimrat Chandel

96.6%



Tanishika Dhawan

96.6%



Sheha Singhania

96.4%



Prabhleen Sarna

96.4%



Karan Kumar

96.4%



Divyanshi Singh

96%

Avneet Kaur

96%



Sagarika Khosla
95.6%



Naman Singh
95.6%



Amandeep Singh
95.4%



Harshita Sharma
95.4%



Divya Gautam
95.2%



Muskan Sharma
95.2%



Aastha
94.8%



Harshpreet Singh
94.8%



Kanushka Goyal
94.8%



Baldeep Kaur Kang
94.8%



Joyjit Singh Bedi
94.6%



Jasleen Kaur
94.4%



Keshava
94%



Sukhmandeep Kaur
94%

"Success is the result of perfection, hardwork, loyalty and persistence."

-Colin Powell



Garima Mehra
94%



Simarpreet Kaur
93.8%



Pooja Malik
93.8%



Vanshika
93.6%



Sameer Budhiraja
93.6%



Muskan
93.6%



Mehak Pruthi
93.6%



Tanisha Rani
93.4%



Saaransh Kalani
93.4%



Piyush Verma
93.4%



Vanshika Kataria
93.2%



Gursimar Arora
93.2%



Ashmit Sharma
93%



Ekampreet Singh
93%



Parth Ahuja
93%



**Simran Kaur
Ahluwalia**
93%



Ayush Gandhi
92.8%



Suryansh Verma
92.6%



Prabhleen Kaur
92.6%



Sehajpreet Singh
92.6%



Jasleen Kaur
92.4%



Supriya
92.4%



Shivali
92.4%



Madan Gopal Kapoor
92.2%



Aryan Sharma
92.2%



Maahi
92.2%



**Md. Nashit Perwaiz
Shahi**
92.2%



Mannat Kumari
92%



Ravleen Kaur Gill
92%



Priyanka Negi
92%



Aashika Jain
92%



Gurnoor Kaur
91.8%



Nitya
91.8%



Simran
91.8%



Yashika Sood
91.8%

"Never leave that till tomorrow which you can do today". -Benjamin Franklin

Wall of Fame



Dency Mariya Dominic
91.8%



Saloni Pandita
91.6%



Ridhi Kochar
91.6%



Priyanka
91.4%



Vansh Sain
91.4%



Tanya Setia
91.4%



Aleena Masih
91.4%



Dilpreet S. Mann
91.4%



Rashmeet Kaur
91.4%



Jiya
91.2%



Sanchi Sharma
91.2%



Tanureet Kaur
91%



Madhur Arora
90.8%



Paras Batra
91.8%



Kulraj Singh
90.8%



Shivika
90.8%



Khushi Vinocha
90.8%



Jaganinder Kaur
90.8%



Avneet Kaur
90.6%



Karmanpreet Kaur
90.6%



Vikhyat Kaushal
90.6%



Bhuvan Budhiraja
90.2%



Mehak
90%



Prabhdeep S. Saggu
90%

SUBJECTWISE
TOPPERS



Deepak Parmar
Comp.-100



Malika Rudhra
Comp.-100



Vijay Gupta
Comp.-100



Arashdeep Singh
PEd.-99

Youth Leadership Summit 2.0

Skill Mapping Organisation arranged Youth Leadership Summit 2.0, a competition focused basically on parliamentary criteria. The agenda given by the management was to calculate the ways for "forming a roadmap to 5 trillion dollar economy" in rebuttal form. The experience our students gained during this is of paramount importance. Participants of this comprehensive contest were-

- 1) Samridhi Aggarwal (+2 Non-medical)
- 2) Banit Chawla (+2 Commerce)

They were congratulated by the Principal for their hard work and success in this mega event.



Banit Chawla
XII-Commerce



Samridhi Aggarwal
XII Non-Med.

Independence

Day

Drenched in the spirits of independence, Rev. Sister Crispin, Rev. Father George Pallikunnel along with faculty members of Sacred Heart Convent School, Sec-39 celebrated 75th Independence day by hoisting the national flag in the school premises. Following to it, a throbbing dance performance on "des mera rangeela" was delivered by the teachers. The school choir presented a mellifluous patriotic song. A patriotic poem by one of the students brimmed all the spectators with zeal and strength.

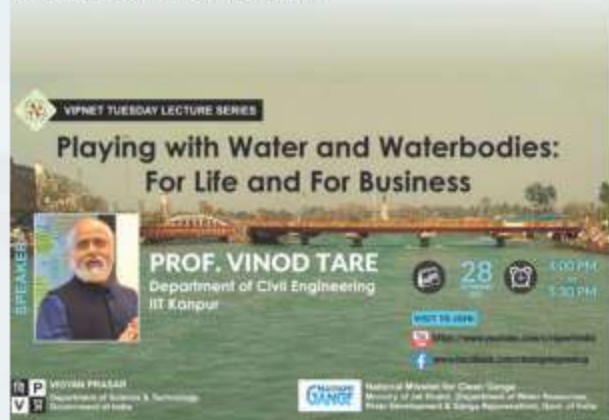


"Before anything else, preparation is the key to success". -Alexander Graham Bell

School's Maths Club is Affiliated to VIPNET

Maths Club has embarked one more milestone in the history of S.H.C.S. School by getting affiliation from the Government to join the network of VIPNET, with a Unique Authorization Number-VP-PB0180, acronym for Vigyan Prasar NETWORK, with the objective of providing a fillip to the science clubs in India.

It also aims to bridge the gap between formal education and a more comprehensive knowledge of Maths endeavoring to make the study of Maths more interesting. It offers Maths projects, exhibitions, competitions, multimedia shows, debate, experimentation. The motto of the school is to work willingly with Vigyan Prasar to strengthen the popular science movements with far reaching implications for the development of society. As Mathematics is called to be the queen of all sciences, adhering to notion, Maths club of the school has shown an exemplary work and commitment of their members towards their chosen course.



The members of the club attended the webinar on 28th September 2021 under the title "Playing with water and waterbodies : For Life and for business", guided by Prof. Vinod Tari, Department of Civil Engineering, IIT Kanpur.

List of Club Members

S.No.	Member Name	Designation
1.	Geeta Wasan	Teacher
2.	Manpreet Lamba	Teacher
3.	Rekha Talwar	Teacher
4.	Rimjihim Kalra	Teacher
5.	Diya Chhabra	Student
6.	Tavleen Kaur	Student
7.	Gursimran Kaur	Student
8.	Suryansh Verma	Student
9.	Vanshika Kataria	Student
10.	Sagarika Khosla	Student
11.	Gurleen Kaur	Student
12.	Sameer Budhiraja	Student
13.	Shobna	Student
14.	Kanushka	Student



State Champion outshone at National Level

If opportunities are provided and the child directs zeal at a subject, then without doubt, one targets the bull's eye and the same strategy was followed by Sreeya.

Principal Sr. Crispin Maria honoured the winner with a sparkling trophy and appreciated her tireless efforts.

Sacred Heart Convent, Ludhiana held its head high when Sreeya Chatterjee of Class XII bagged first position at the Zonal Level Declamation Contest organised virtually via Google Meet by ASISC on 11th September, 2021 and raised the crown higher on 17th September, 2021 by securing second position in the Senior Category of ASISC Declamation Contest representing North India Region covering Chandigarh, Haryana, Punjab and Rajasthan again conducted virtually.





Kindergarten
 Welcome
 And Activities

The little angels of our yards presented bucket full of activities while celebrating the frolic days. We have been watching them trying to tie their shoelace and toiling hard to adapt the new normal routine. We are so proud to see them blooming and flourishing both in academics and extra-curriculum. Butterflies dance in the stomach by watching them performing with utmost excellence. It's a fact that with due patience and determinations, our tots are going to go through and that too with tremendous energy.

The shape of our child's entire life is determined right now by us as their teachers. It's upto the instructors how to point them in the right directions.

"The best way to make children good is to make them happy."

– Oscar Wilde

And the happiness reflects from the wide smile of our children.

Reports that reveal a bright future ahead

Having carved a niche for themselves in academics, the students continued their winning spree with victorious achievements at various levels in co-curricular activities.

Mask Making Competition (Class I-III)

Class I	Name	Class	Position
	Prathan Kumar	I-Red	1st
	Ekjot Kaur	I-Green	2nd
	Ansh Dahuja	I-Brown	3rd
Class II	Sifatpreet Kaur	II-Brown	1st
	Rudhav Singla	II-Blue	2nd
	Ojas	II-Red	3rd
Class III	Angel Goyal	III-Brown	1st
	Shruti	III-Violet	2nd
	Khushmeet Singh	III-Yellow	3rd

Dance Competition (Class I-III)

Class I	Name	Class	Position
	Aishleen	I-Blue	1st
	Shreeya	I-Blue	2nd
	Tanishka Verma	I Brown	2nd
	Trisha	I Violet	3rd
Class II	Gurleen	II Green	1st
	Ruhani	II Green	2nd
	Arshia Dogra	II Red	2nd
	Kinjalnoor	II Brown	3rd
Class III	Arnav	III Blue	1st
	Netra	III Yellow	2nd
	Angel Goyal	III Brown	2nd
	Khwahish	III Yellow	2nd

Show and Tell Competition Class IV-V

Class IV	Name	Class	Position
	Aishvi	IV-Red	1st
	Harjot Singh	IV-Rose	2nd
	Bhargav Thakur	IV-Blue	3rd
Class V	Ayaan Awasthi	V-Violet	1st
	Shivansh Thakur	V-Blue	2nd
	Sakshi Mahara	V-Brown	3rd
	Vikramjeet Singh	V-Green	3rd

Hindi Poetry Competition (IV-V)

Class IV	Name	Class	Position
	Aranya Pratap	IV-Brown	1st
	Sparsh	IV-Blue	2nd
	Cynthia	IV-Green	2nd
	Sidhi Duggar	IV-Rose	3rd
Class V	Sakshi Mahara	V-Brown	1st
	Jaina Sharma	V-Rose	2nd
	Abhigya Dviwedi	V-Violet	3rd

Punjabi Poetry Recitation (Class VI-VIII)

Name	Class	Position
Shine Goyal	VIII-Green	1st
Gurleen Kaur	VI-Blue	2nd
Paridhi	VI-Yellow	2nd
Taranpreet Kaur	VIII-Blue	3rd
Srishti Gupta	VI-Rose	3rd

Creative Writing Competition (VI-VIII)

Name	Class	Position
Nitya Rattan	VIII-Red	1st
Paridhi	VI-Yellow	1st
Jaisleen Kaur	VIII-Blue	2nd
Saif Ur Rehman	VI-Violet	2nd
Gurleen Kaur	VI-Red	3rd

Poster Making Competition (IX-XII)

Name	Class	Position
Drishti Walyat	IX-Blue	1st
Jagninder Kaur	+1-CM	2nd
Kritika	XII-NM	3rd
Opinder	IX-Blue	3rd

Singing Competition (Class IX-XII)

Name	Class	Position
Kavya Chaudhary	+2-CM	1st
Dency	+1-CM	2nd
Srishti Kumari	+1-HM	2nd



National Sports Day

Champions keep playing spirit until they get it right and to imbibe and identify this spirit among the students, our school organised Sports Day on August 26, 2021. Students were made aware of biography of Major Dhyan Chand, the legendary hockey player commemorating him on his birthday. Students demonstrated a spectrum of physical activities ranging from yoga, badminton, jogging, crossover, basic stretching, PT exercise, acrobatics, aerobics, cycling, rope jumping, skating, karate, lemon race, sackrace, balloon activity, collage making, basketball drills and dance forms virtually.

Children imbibed the idea that with utmost efforts you can turn your work into unbelievable magic.

"The secret of life, though, is to fall seven times and to get up eight times." –Paulo Coelho

A Coterie of Advisers

It is time to take stock and plan ahead. Extracurricular activities render an opportunity to correlate academic skills with the real world context. Featured & creative curriculum facilitate children to learn better social skills, critical thinking and team work. As an ideal school, we strive to encourage over understudies to take part in multiple activities under the newly formed subject clubs. Showcase that all the world is a laboratory to the inquiring mind.

Club	Month/Date	Teacher Incharge
Witty Whitman	Aug.(1-15)	Ms. Harsimran Kaur Ms. Satinder Mrs. Mamta
Everyday I Am Calculating	Aug. (16-31)	Mrs. Geeta Wasan Mrs. Manpreet Lamba Mrs. Rekha Talwar
Ankuram- Vidya Ka Srot	Sept.(1-15)	Ms. Madhuri Yadav Ms. Amarjit Chawla
Raakhe Virse De	Sept. (16-30)	Ms. Manpreet Kaur Ms. Vijay Kapila
Antiquity	Oct. (1-15)	Ms. Kanan Gautam Ms. Sumona Ms. Nisha (New)
Explorers of Meridians	Oct. (16-31)	Ms. Poonam Seth Ms. Sonia Kapoor
Coding Oracle	Nov. (1-15)	Ms. Ritu Angarish Ms. Meenal
Urban Gallery	Nov. (16-30)	Ms. Renu Sharma Ms. Rajwinder Lall
Tact to Steer Life	Jan. (1-31)	Ms. Seema Bhattacharya Ms. Aradhna, Ms. Leena Ms. Ashima Talwar
Mighty Chondria	Dec. (1-15)	Mr. Rajat, Ms. Menka Ms. Palak
Tango And Beyond Social	Dec. (16-31)	Mr. Pritpal Singh Ms. Bhuvenshwari Prashar Ms. Ekta Gulati
Support for Tomorrow	Feb.	Ms. Ruby Bhargav Ms. Ronita Charles Ms. Sonia Malik

National ECO Olympiad

The National ECO Olympiad was conducted by Hansraj Economics Society, Hansraj College, University of Delhi in an effort to test and subsequently to make students aware of various Economics issues of the country.

It had two rounds—Preliminary and Final wherein questions were Multiple Choice Based and had basic concepts like Demand, Supply, GDP, GST, etc. The Quiz was conducted online via D2C platform and was well-managed.

It was conducted in the light of awareness where students across the country from various schools and colleges participated.

This expanded arena of students' knowledge about basic Economics as well as advanced problems in society, making them aware about ways to solve them. The Olympiad was conducted professionally and was managed by an efficient community of Hansraj College, University of Delhi.



Jaganinder Kaur
+1 CM



Abhijeet Singh
+1 CM



Parth Ahuja
+1 CM



Pragya
12th Com.



School Leaders' Conclave 2021

by Rishihood University



A colloquy was standardized at the Park Plaza Ludhiana by Rishihood University Sonipat, Haryana with the school leaders from various famed school of Ludhiana. Mr. Sahil Aggarwal, the co-founder described the illustrious features of the university best fitted for higher education in the light of New Education Policy.

Mr. Nitish, the Registrar envisaged that the university axis is on vocational education and developing entrepreneurial skills amongst the job seekers. The mind's eye behind vocational education is that after completing their degrees children should not act as job seekers but job creators.

The university provides extensive programmes in education, entrepreneurship, creativity, healthcare & public leadership.



Virtual Tete-a-Tete

Knowledge Pooling Conferences

Wearing the sensitive threads of communication amidst a teacher & children is an utmost parameter of teaching and learning. In the extreme tough stage of pandemic, this medium was kept alive via virtual learning apps. Some applications were brought into usage to forward the details or performance of a child to their parents.

Through the same platform, instructional webinars were conducted for the teachers, the students as well as the parents for better understanding of the curriculum and other important guidelines constructed by the school authorities to enhance comradeship. We all together surpassed a rough bridge to take support of such apps which was otherwise impossible.

Witty Whitman English Club Activity

The Australia & India cricket match expositions were made by Witty Whitman Club in school premises. The students of our school were the smart and confident commentators of the match. This initiative of school not only raised the confidence of students but also inculcated a spirit of discussion and appreciation in them. The combined efforts done by the students as a team made this event all the more successful. It was not a 'One Man Show', wherein all the participants expressed themselves in full zeal. We expect school authorities to keep on organising such events that increases knowledge and keep students active in extra curricular activities. The participants of this exposition were:

1. Arpit Kaur
2. Rudrai
3. Hardik
4. Gursimran
5. Kavya
6. Banit
7. Ipshita

Participants performed mystically under the able guidance of their coordinators.



Club Heads:

Ms. Harsimran Kaur, Ms. Mamta Gupta, Ms. Satinder Kaur

DIKSHA

a Boon for Enhancing *Teaching Competency*

We all appreciate the Ministry of Education for its initiative by introducing the digital training for the teachers, parents and other stakeholders under NISHTHA (National Initiative for School Heads' and Teachers' Holistic Advancement) - integrated teacher training using DIKSHA (Digital Infrastructure for Knowledge Sharing) as a Portal or Mobile App.

The CISCE on the directions of the Ministry is updating different courses related to the various spheres of Education. This platform has sustained self-learning among all the teachers by providing learning resources such as reading material, video, reflective activities, practical activities, self assessment and quiz etc. Last year elementary school teachers joined the courses and successfully completed their training. At present DIKSHA has brought a variety of courses for the school head, senior school teachers and other stakeholders. These courses are improving the competency level of the mentors and making them able to address a diverse group of students. It becomes motivating for all of us when our school Principal Rev. Sr. Crispin Maria is also participating in the series of courses with a clear purpose of fostering new initiatives as per the recommendations of NEP-2020.



Covid testing drive

Maintaining a thriving atmosphere in and around the school premises is the fundamental obligation not only on the management but also on all the faculty members. The onus is on every member of the school to undergo Covid testing to stay safe and vigilant. For the same, Sacred Heart Convent School conducted Covid testing drive in the school premises for all the teachers for which a medical team visited the school and collected the samples of the staff members. Maintaining all the regulations regarding the drive and testing, this activity was divided in two panels. A portion of the staff was tested first day and the other lot was booked for the next day. And with the blessings of the Almighty, none of the testers was diagnosed positive. This report brimmed all with positivism.

Swachh Bharat Sanyukt Bharat

Sacred Heart Convent School participated in Swachhhta Pakhwada with great enthusiasm for 15 days i.e. 1st to 15th September. All the students left no stone unturned to make this campaign a successful one. Cleanliness awareness was created among the students so as to keep the surroundings and environment neat and clean. Hand wash day was observed to teach all the students how to properly clean the hands by washing with soap properly for 2-3 mins. Personal hygiene days were observed to keep the body germs free. The girls handcrafted many beautiful items to create a beautiful mind and body environment of cleanliness. A Bal Sansad was organised in which various matters were put forward by the students. School is following all the covid guidelines with fully vaccinated staff. Children are encouraged to do daily yoga and exercises to boost their immunity levels.



The students spread it all through their own hands and...
 when the year was about to end,
 due to the spread of a dreaded kind,
 which was called COVID-19, the school
 was closed for a few days.
 But as the new session started, we were
 fortunate to have again...
 and get to know, learn, cooperate and help
 each other like before.
 Now the school has a new...
 about the students.

COVID-19 Responsive SCHOOL

As we were deeply aware,
 that the spread of COVID-19 was a
 real threat to our health and well-being,
 we decided to open, reform and
 make a better school.
 But first we had to put it at stake,
 and it was when our education got its
 first pandemic was WhatsApp but then
 we started it.
 The plan which was our school day was
 to make every day...
 with new ideas and ideas and recycling,
 and this was the method through the
 learning;
 we would get experience, project and interest.

COVID19 RECEPTIVE CAMPUS

PANDEMICS WON'T STOP AND SO SHOULD WE !!

Most governments around the world have temporarily closed schools in an attempt to contain the spread of the COVID-19 pandemic. Many have launched distance learning programs and are beginning to plan for recovery, a phase that involves much more than reopening the gates and readmitting students. To make school environments safe, additional health and hygiene measures should be implemented. Priorities for education-focused efforts after the coronavirus pandemic should include ensuring that school infrastructure and facilities are safe, that rooms are clean and disease-free, and that staff are prepared to prevent the spread of disease in the classroom. Our school is trying its best to achieve the goal of continuous education for a brighter future of the next generation with double vaccinated staff

COVID-19 - RESPONSIVE SCHOOL

School is a building which has four walls with tomorrow inside. But it has been subjugated by an outsider named "COVID-19" or "CORONA". However EDUCATION is the key to unlocking the world, a passport to "FREEDOM". To avail this freedom, the schools has drastically played a pivotal role to make students comfortable with virtual learning. Not only they provided a better learning experience but also helped in developing activities in students through different curricular activities, video shootings to advance school-like atmosphere even at schools at home.

The teachers have been supported all the way through. The virtual world which started with initial hesitation, resistance and inhibition, was soon replaced with confidence and the teachers were seen on sound ground taking on the challenge head on !! And today, the students are more tech savvy than they ever imagined, they would be in so short a time !!

... AND LITERALLY IT IS ALL IN MIND... IF ONE SETS ONE'S



Teacher's day Celebrations

Teaching is such an angelic profession out of which all other professions plumule. To mark the significance of the day and also to appreciate the highly loaded optimistic spirits of teachers for their students, SHCS School celebrated Teacher's Day with fervour. The bash commenced with the blessings of God and reading from the Holy Bible. By lighting the lamp, all souls present there felt illuminated with wisdom. The virtual wishes and love from the adorable children were the actual lodestones of the event. Various games were also enjoyed by the educators and the winners were awarded with gifts by the management. The Director Rev. Fr. George Pallikunnel and the Principal Rev. Sr. Crispin Maria congratulated the hard working teachers for their untiring efforts to train the children. Their words of appreciation mesmerized one and all. After brimming the souls and hearts with happiness, everyone headed towards sumptuous food. The day was much lived up by all the spectators.



हिंदी दिवस

“मन की भाषा, प्रेम की भाषा
हिंदी है, भारत जन की भाषा”।

हिंदी दिवस 14 सितंबर को मनाया जाता है। 14 सितंबर 1949 को संविधान सभा ने एकमत से निर्णय लिया कि हिंदी भारत की राजभाषा होगी। प्रधानमंत्री जवाहरलाल नेहरू ने इस दिन के महत्व को देखते हुए 14 सितंबर को हिंदी दिवस मनाए जाने का ऐलान किया था। इस दिवस की महत्ता को ध्यान में रखते हुए इस वर्ष भी हमारे विद्यार्थियों ने बड़-बड़कर काम लिया। विद्यार्थियों ने हिंदी भाषा पर सुंदर चार्ट बनाए। कविता वाचन व कहानी लेखन की प्रतियोगिताएं करवाई गईं। विद्यार्थियों ने हिंदी भाषा के महत्व पर अपने विचार प्रस्तुत किए। हिंदी बहुत सुबसूत भाषाओं में से एक है। हिंदी को हर दिन एक नया रूप एक नई पहचान देने वाले थे उनके साहित्यकारएं उनके लेखक। उन्हीं में से एक थे हिंदी साहित्य के पितामह कहे जाने वाले मुंशी प्रेमचंद जी। हिंदी दिवस के इस अवसर पर नवी कक्षा की छात्रा रुशिल वर्मा द्वारा मुंशी प्रेमचंद जी के जीवन तथा उनकी रचनाओं पर आधारित एक पी.पी.टी. तैयार की गई जिसमें यह बताया गया कि उन्होंने अपनी रचनाओं द्वारा हिंदी भाषा की काया ही पलट दी। उन्होंने हिंदी साहित्य को आधुनिक रूप प्रदान किया। उन्होंने हिंदी को एक सरल सहज साहित्य प्रदान किया है जिसे कभी भी भूलना नहीं जा सकता। विद्यार्थियों द्वारा प्रस्तुत किए गए कार्यक्रम की वीडियो बनाकर हमारे विद्यालय के यूट्यूब चैनल पर भी प्रसारित की गई। विद्यालय की प्रधानाचार्या सिरटर क्रिस्टिन मारिया द्वारा विद्यार्थियों के इस प्रयास की सराहना की गई और हिंदी दिवस की शुभकामनाएं दी गई। हिंदी है तो हिंदुस्तान है तभी तो देश महान है।



Experiences Across Borders

On 8 September, 2021 an exchange program –“Experiences Across Borders” was organised by Sacred Heart Convent School, Ludhiana, India in collaboration with Wickenburg, Vulture Peak Middle School, Arizona, USA. The program was a friendly conversation with the students of Wickenburg. It began at 7:30 pm accordance with IST.

Tejpratap, a student of Sacred Heart greeted the participants and the event unfolded from there. Students gave their views on online learning and shared their experiences of lockdown which was imposed due to the Covid-19 pandemic.

Students from both sides cross-questioned each other. Cultural information was shared. Practical questions were asked. Everyone was excited for the event.

Four students from our school had participated - Arpit Kaur, Banit Chawla, Arshjot Kaur and Sreeya Chatterjee. At 7.55 pm the program ended. We wished them luck and said goodbye to them.

This was a great opportunity for everyone to avail. We are thankful to the Management faculty of Sacred Heart Convent School and Wickenburg High School for this wonderful event. We congratulate everyone for the successful outcome of this event.

The pretty photoshoot with our deserving Principal brought colours. Everyone was left with a warm fuzzy feeling at the end of the event.



Health & Well being- A virtual Awareness Programme

Spread Facts, Not Fear

Another milestone in the virtual crusade was a virtual awareness programme with few best doctors from the city, renowned Hospitals with cognizance about the spread of covid-19. The programme was organised by Ms. Ronita Albert

Infirmary Incharge SHCS. Resource Persons were :

- Dr. Gaurav Mittal MD Paediatrics, Fortis Ludhiana
- Dr. Varughese PV Prof. Paediatrics, CMC Ludhiana
- Dr. Som Gupta Physiotherapist Fortis, Ludhiana
- Dr. Arun Gupta Dietician

The resource persons apprised the listeners about the spread and prevention of covid-19.

FIT INDIA is offering a
Plethora of Activities



Our worthy Prime Minister launched this movement in 2019 and within a short span of two years, it has become extremely popular. Sacred Heartians participated in different activities and follow a healthy lifestyle contrary to sluggishness. This participation is engaging the young learners in sports activities which are as much essential as academic development.

With the introduction of FIT INDIA QUIZ, a National level platform is provided where the learners will share their knowledge about sports and sports' events along with their active lifestyle adopted through sports and games.



The Erudite Affair
ASISC Literary Competitions 2021

Our school, Sacred Heart Convent School, hosted Father George Hess Memorial Zonal Debate under The Association of Schools for the Indian School Certificate literary events and Samridhi Aggarwal as well as Banit Chawla of 12th Non-medical and 12th Commerce from Senior Category and Arshpreet Kaur and Parneet Kaur of 10th Red and 10th Green from Junior Category won it and all made to Regional Level which was further organised by Sacred Heart Convent School, Sahnewal. Under the same banner, in Declamation, Sreeya Chatterjee of 11th std won the Zonal Level hosted by Sacred Heart Convent School, Samrala, Regional level hosted by St. Stephen's School, Chandigarh and is now qualified for upcoming Nationals in Senior category. Hancy Bhogal of 9th Brown and Tej Prataap Kaur of 8th std also participated in the zonal level of the same Declamation in junior and sub-junior categories respectively.

Congratulations

TO THE WINNERS OF ASISC DEBATE COMPETITION
HELD ON SEPTEMBER 6 2021



PARNEET KAUR



ARSHPREET KAUR

JUNIOR CATEGORY



BANIT CHAWLA



SAMRIDHI AGGARWAL

SENIOR CATEGORY



DR. SOM GUPTA, PT
M.P.T. (Ortho), F.C.R, M.I.A.P.
Director & Chief Physiotherapist
PHYSIOCARE Physiotherapy Clinics
Member Indian Association of Sports
Medicine (I.A.S.M)
Fellowship in Cardiac Rehabilitation
Ex. Sr. Physiotherapist:
Hero DMC Heart Institute, DMC&H
SPS Apollo Hospitals, Ludhiana
Email: drsorgupta@yahoo.co.in
Mob.: +91 98153 70607



Dr. VARUGHESE PV
PROFESSOR FROM PAEDIATRIC, ICMC





Dr Gaurav Mittal
MD Paediatrics

Senior consultant & HOD Paediatrics

OUR SPLENDID TEAMS

Shaping young minds



DEDICATED PRIMARY MENTORS



ENTHUSIASTIC HIGH SCHOOL EDUCATORS

OUR SPLENDID TEAMS

Shaping young minds



DEVOTED KINDERGARTEN
PRECEPTORS



STAFF CO-ORDINATORS

OUR SPLENDID TEAMS



HELP DESK PERSONNELS



ADMINICULAR STAFF

THE NEWS WE MADE

ਸ਼੍ਰੀਮਤੀ ਸਾ ਡਾ. ਰਮਿਕਾ ਕੌਰ
ਆਰਟ ਟੀਚਰ

1. ਆਰਟਸ 99.75 ਪ੍ਰੀਤਸ
2. ਆਰਟਸ 99.75 ਪ੍ਰੀਤਸ
3. ਆਰਟਸ 99.75 ਪ੍ਰੀਤਸ
4. ਆਰਟਸ 99.75 ਪ੍ਰੀਤਸ
5. ਆਰਟਸ 99.75 ਪ੍ਰੀਤਸ

ਸਾਇਨਸ ਟੀਚਰ

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4. ਆਰਟਸ 99.75 ਪ੍ਰੀਤਸ
5. ਆਰਟਸ 99.75 ਪ੍ਰੀਤਸ

ਕਲਾਸਿਕ ਟੀਚਰ

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2. ਆਰਟਸ 99.75 ਪ੍ਰੀਤਸ
3. ਆਰਟਸ 99.75 ਪ੍ਰੀਤਸ
4. ਆਰਟਸ 99.75 ਪ੍ਰੀਤਸ
5. ਆਰਟਸ 99.75 ਪ੍ਰੀਤਸ

ਬਿਗਨਿੰਗ 9 ਕਲੀ ਸੇ 12ਵੀਂ
ਕੀ ਟੀਚਰ ਪਲੇਟਫਾਰਮ

2020-21 ਵਿੱਚ 99.75 ਪ੍ਰੀਤਸ
2021-22 ਵਿੱਚ 99.75 ਪ੍ਰੀਤਸ
2022-23 ਵਿੱਚ 99.75 ਪ੍ਰੀਤਸ
2023-24 ਵਿੱਚ 99.75 ਪ੍ਰੀਤਸ
2024-25 ਵਿੱਚ 99.75 ਪ੍ਰੀਤਸ

ਟੀਚਰ ਵਰਕਸ ਟੀਚਰ
ਕੀ ਪਲੇਟਫਾਰਮ

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ਕਲਾਸਿਕ

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2023-24 ਵਿੱਚ 99.75 ਪ੍ਰੀਤਸ
2024-25 ਵਿੱਚ 99.75 ਪ੍ਰੀਤਸ

ਆਰਟ

2020-21 ਵਿੱਚ 99.75 ਪ੍ਰੀਤਸ
2021-22 ਵਿੱਚ 99.75 ਪ੍ਰੀਤਸ
2022-23 ਵਿੱਚ 99.75 ਪ੍ਰੀਤਸ
2023-24 ਵਿੱਚ 99.75 ਪ੍ਰੀਤਸ
2024-25 ਵਿੱਚ 99.75 ਪ੍ਰੀਤਸ

ਆਈਪੀਏ ਵਿਸ਼ਵ
ਹੋਨਹਾਰੀਆਂ ਨੇ ਲਗਾਈ ਉਮੀਦਾਂ ਦੀ ਚਲਾਗ

99.75 ਪ੍ਰੀਤਸ

ਦਸਵੀਂ ਮੇਂ ਅਸ਼ਾਂਜੀਤ, ਰਹਿਤਾ ਵ ਸਿਧਾ ਟਾਪਰ

ਦਸਵੀਂ ਮੇਂ ਅਸ਼ਾਂਜੀਤ, ਰਹਿਤਾ ਵ ਸਿਧਾ ਟਾਪਰ

ਦਸਵੀਂ ਮੇਂ ਅਸ਼ਾਂਜੀਤ, ਰਹਿਤਾ ਵ ਸਿਧਾ ਟਾਪਰ

ਦਿਲੀ ਦੀ ਪੜ੍ਹਕੀ ਹੁਈ ਟੈਗ

ਦਿਲੀ ਦੀ ਪੜ੍ਹਕੀ ਹੁਈ ਟੈਗ

ਦਿਲੀ ਦੀ ਪੜ੍ਹਕੀ ਹੁਈ ਟੈਗ

ਦਿਲੀ ਦੀ ਪੜ੍ਹਕੀ ਹੁਈ ਟੈਗ

The Tribune

3 girls top examinations in city

3 girls top examinations in city

3 girls top examinations in city

3 girls top examinations in city

Hindustan Times

3 girls top examinations in city

3 girls top examinations in city

3 girls top examinations in city

3 girls top examinations in city

ਸ਼੍ਰੀ ਆਈ ਐਸ ਜੀ ਐਚ ਵਲੋਂ 10ਵੀਂ ਕਲਾਸ ਦਾ ਨਤੀਜਾ ਐਲਾਨਿਆ

ਸ਼੍ਰੀ ਆਈ ਐਸ ਜੀ ਐਚ ਵਲੋਂ 10ਵੀਂ ਕਲਾਸ ਦਾ ਨਤੀਜਾ ਐਲਾਨਿਆ

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ਦੈਨਿਕ ਮਾਸਕਰ

ਲੁਧਿਆਨਾ ਭਾਸਕਰ 08-09-2021

ਟੀਚਰਸ ਡੇ ਕੋ ਲੋਕਰ ਸਟੂਡੈਂਟਸ ਨੇ ਕਲਚਰਲ ਪ੍ਰੋਗਰਾਮ ਪੇਸ਼ ਕਿਆ

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City students excel

City students excel

City students excel

City students excel

ਵਣ ਮਹਾਂਉਤਸਵ

ਵਣ ਮਹਾਂਉਤਸਵ

ਵਣ ਮਹਾਂਉਤਸਵ

ਵਣ ਮਹਾਂਉਤਸਵ

Plantation drive at Sacred Heart, Jamalpur

Plantation drive at Sacred Heart, Jamalpur

Plantation drive at Sacred Heart, Jamalpur

Plantation drive at Sacred Heart, Jamalpur

"A champion is someone who gets up when he can't." – Jack Dempsey

Dancers are made, Not Born

The gems of Sacred Heart Convent School, Sec-39, Ludhiana have clutched the baton of stardom not only in the school campus but outside also. An open dance challenge was held at Ishmeet Academy which was presented by Vyan Dance Studio bringing forth the tots of varied age categories. Out of 500 participants, Gurleen Kaur of Il-Green (Category 4 to 9 years) has brought laurels to the school by bagging third prize in the Punjab Dance Championship Season-3. As said that success is an epitome of hard work, and Gurleen's tireless efforts left all judges mesmerized with the gaiety and combination of colours in her dance performance. Worthy Principal, Rev. Sr. Crispin Maria encouraged the performer and blessed her abundantly to achieve zenith of success.

Support for Tomorrow Charity Club Activity

"It's not how much we give, but how much love we put into giving..."

Preserving a noble thought of serving the needy, Sacred Heart Convent School has contrived a Charity Club to support those who are on one's beams-end's.

Through the same association, funds were raised to help one of the menial staff members who was destitute.

Also club members, provided a gadget to one of the needy students of our school. Principal's apprehension has been the guiding force.

*Gratitude
Towards:*



- God Almighty for innumerable blessings!
- Diocese of Jalandhar and Education Board for valuable guidance...
- Faculties for tireless work and enthusiasm...
- Supporting Staff for their hard work...
- All the parents for co-operation and timely support...
- All students for valuable presence and rolls...
- All Benefactors and well wishers for encouragement.

SACRED HEART CONVENT SCHOOL

(Established, owned and administered by Diocese of Jalandhar)

Affiliated to the CISCE, New Delhi. (Vide No. PU041)

Sec-39, Urban Estate, Chandigarh Road, Ludhiana-141010